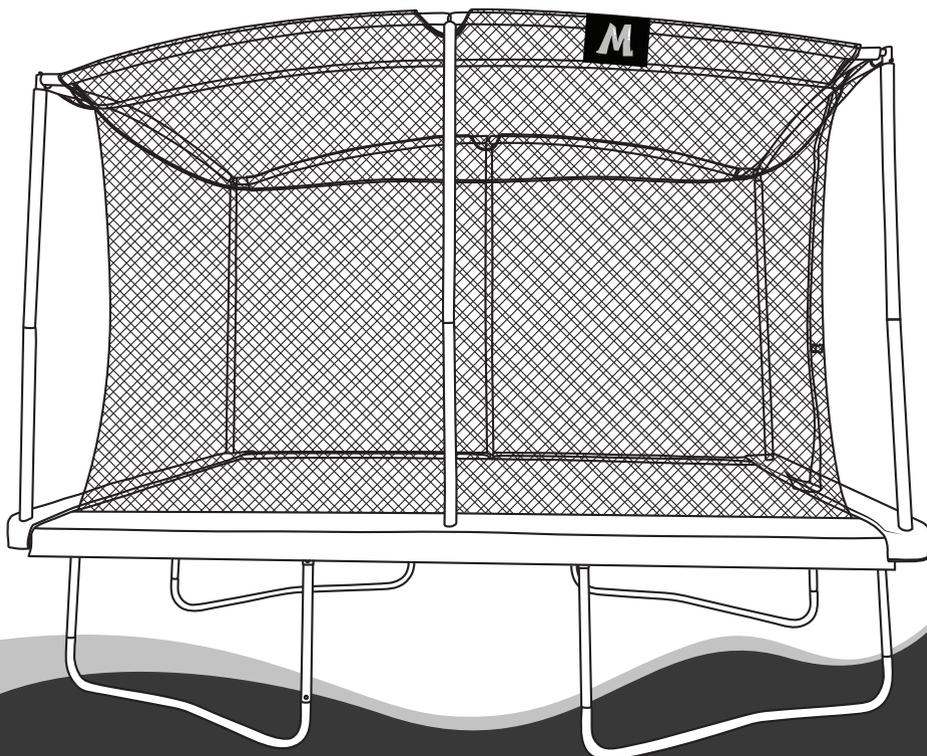




MOXIE™ 8' X 12'
Rectangular Outdoor
Trampoline Set with Premium
Fiberglass Safety Enclosure

Assembly, Installation, Maintenance,
Care and user instructions



USER
MANUAL

FOR MODELS:

MXRTG03-812-CB

MXRTG03-812-OG



By Machrus

USA

UK



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1-888-965-3331

020-3150-0484



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support@machrus.co.uk



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THANK YOU FOR PURCHASING THIS MACHRUS® TRAMPOLINE

Simply follow the assembly and safety instructions in this manual and you will soon be starting your **Machrus®** exercise program for a happier, healthier and more fun lifestyle!

Should you have any questions, please call our Customer Service Department
Toll-free number: **1-888-965-3331**

MONDAY - THURSDAY 9:30 A.M. - 5:00 P.M. Eastern Time.	FRIDAY 9:00 A.M. - 12:00 P.M. Eastern Time.
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GENERAL INSTRUCTIONS

Included in this manual are instructions for: Proper assembly, care and maintenance of product, safety tips, warnings, and proper use; in order to ensure a secure and fun use of the trampoline. All users and supervisors must read and familiarize themselves with all these instructions and all other information in this manual.

As with any type of recreational physical activity, without being careful participants can be injured. Anybody who chooses to use this trampoline must be aware of their own limitations in regards to performing various jumps and bounces with this trampoline. Trampolines are rebounding devices which propel the performer to unaccustomed heights through a variety of movements, so initially; you should get accustomed to the feel and bounce of the trampoline. The focus must be on your body position, and you should practice each fundamental bounce until you can do each bounce with skill before moving on to more difficult and advanced bounces. Do not behave recklessly on the trampoline, emphasis must be made on good control and the mastering of various bounce techniques.

Proper Assembly

- The assembly of the product must be done carefully by at least two able-bodied adults. Contact us, or ask any technically qualified person if you have any difficulties.
- Beware that when using tools or doing technical work, there is always a risk of injury, so assemble the product carefully, and use gloves to protect your hands.
- Remove all packaging materials and lay down all parts on a free space. This gives you an overview and simplifies the assembly procedure. Check with the parts list that no parts are missing and dispose of the packaging material when the assembly is completed.
- Work in a danger free environment, do not leave tools or hazardous materials scattered around the workspace.
- Place trampoline on level and non-slippery ground, preferably on grass. Locating the trampoline on a hard surface will add stress to the frame and over time cause damage which is not covered by warranty. Placing the trampoline on uneven surfaces could result in the trampoline tipping over.
- A clearance space of at least 24ft is necessary above the trampoline. An appropriated clearance must be kept between the trampoline and possible sources of danger, such as electric cables, tree branches, playing devices, swimming pools and fences.
- After assembling the trampoline according to the instructions, please make sure that all screws, bolts and nuts are correctly installed and tightened, and that all joints are tightly sealed.
- For additional stability you can attach anchors on the trampoline legs. This will prevent the trampoline from tipping over in the event of any wind force.



- Never set up the trampoline in rainy, windy or stormy conditions, especially lightening conditions. It is recommended that the trampoline be anchored with ground stakes.
- Do not alter the product; use it only as described in this manual.

Care and Maintenance

- Always inspect the trampoline before each use. Check for damage, wear or defective parts, as they can impair the overall safety of the trampoline. The damaged, worn, or defective parts should be replaced immediately. In the meantime access to the trampoline must be restricted.
- Use the trampoline only in a well-lit area.
- Do not place any objects under the trampoline.
- Repairs should only be carried out by qualified technicians, using only original spare parts. Improper repairs can compromise the safety of your trampoline.
- Try to avoid moving the assembled trampoline, it could bend during transportation. Should it be necessary to move the trampoline, please consider the following: At least four people, evenly spaced around the frame, are needed to lift the trampoline off the ground. The trampoline must be carried horizontally, and if the frame shifts position, use four people to draw the trampoline back into the correct shape.
- The trampoline can only be used if the jumping mat is clean and dry. Worn or damaged jumping mats should be replaced immediately.

Safety Guidelines

To reduce the risk of injury, please carefully read and follow the appropriate safety rules and tips, implementing all safety rules at all times.

- The product is intended for home/domestic use only and is not suitable for professional or medical uses.
- No more than one person at a time is allowed on the trampoline! Multiple jumpers increase the risk of mid-air collisions resulting in injury.



- Do not perform somersaults on the trampoline as this will increase the chances of landing on your head or neck, paralysis or even death can result.
- Children do not recognize the potential dangers of this product, so do not allow your children to play on this product without adult supervision.



Warnings

- Secure the trampoline against unauthorized use.
- Do not use during pregnancy or if suffering from high blood pressure.
- Do not smoke on the trampoline or use the trampoline when under the influence of alcohol or drugs (incl. Medication).
- Protect the product against humidity and high temperatures.
- Do not put cigarettes, pets, sharp objects or any other foreign objects on the trampoline.



- Do not expose the trampoline to open flames.
- The metal frame of the trampoline will conduct electricity. Lighting, extension cords and all electrical equipment must never be allowed to come in to contact with the trampoline parts.
- The trampoline may not be used in the close vicinity of other outdoor objects and furniture.
- Do not allow anyone or any object to go under the trampoline while someone is jumping on the mat. The jumping mat is flexible and the downward force created by someone jumping can cause serious injuries.



- Take care to keep the packaging materials beyond children's reach, as they present a choking hazard.



Proper Use

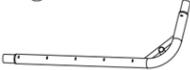
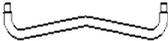
- The maximum weight allowed on the trampoline is 265 lbs. Overloading the trampoline above the recommended user weight will cause damage to the trampoline.
- No more than one person at a time should be allowed on the trampoline!
- Avoid unsupervised use of the trampoline.
- Do not use the trampoline if it is wet.
- Do not wear shoes while jumping; this will damage the jumping mat.
- Do not sit or lean on the cover pad as it needs to be flexible so it can move with the jumping mat.
- Objects that could be dangerous should be vacated from the playing area.
- Do not allow small children to pull themselves up onto the trampoline by using the cover pads, as this may damage the pads and compromise the safety of your trampoline.
- Do not wear clothes with hooks or loose parts when jumping on the trampoline, in order to avoid getting stuck in any trampoline parts.
- Carefully climb onto trampoline. Do not jump into it directly, or use it as a jump board for other activities. Jumping into the trampoline, hitting the frame, cover pads, and landing incorrectly on the trampoline; can lead to injury.

It is the responsibility of the owner or the supervisor to guarantee that all users of the trampoline are informed about all safety rules and that there is sufficient space around the trampoline to allow for safe play.

Learn the fundamental jumping techniques thoroughly before trying difficult jumps, see section: fundamental bounce techniques for further guidance.

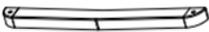


TRAMPOLINE FRAME PARTS LIST

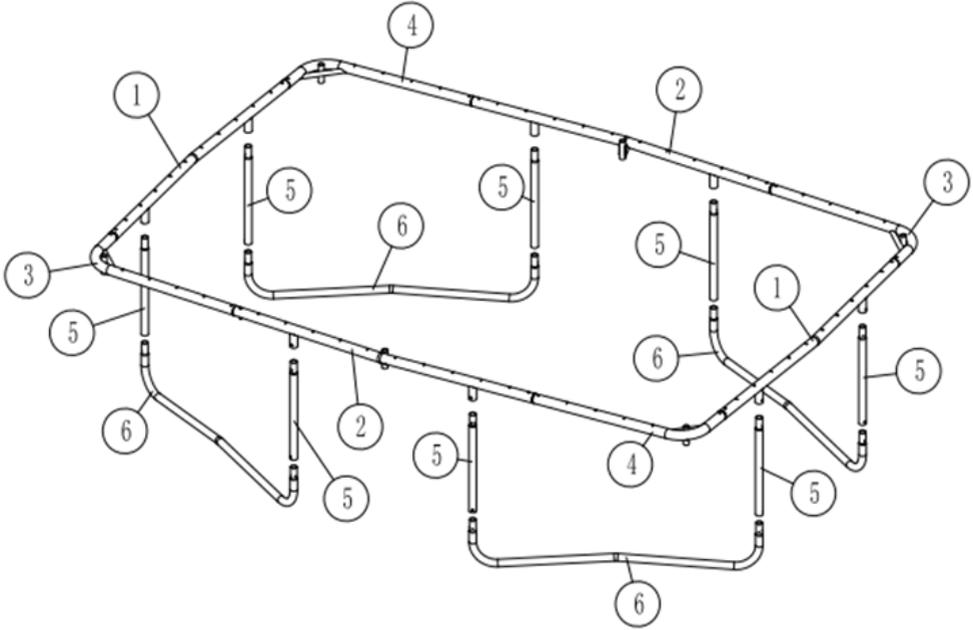
PART	DESCRIPTION	PART NUMBER	ILLUSTRATION	QTY.
1	Main Frame Tube B	CY003-21014-1		2
2	Main Frame Tube A	CY003-21014-2		2
3	L-Shaped Main Frame tube A	CY003-21014-3		2
4	L-Shaped Main Frame tube B	CY003-21014-4		2
5	Vertical Leg Extensions	CY003-21014-5		8
6	Leg Base	CY003-21014-6		4
7	Long Upper Enclosure Tube With Foam	CY003-21014-7		2
8	Short Upper Enclosure Tube With Foam	CY003-21014-8		4
9	Lower Enclosure Tube With Foam	CY003-21014-9		6
10	Top Single Beam Short Arc Tube With Foam	CY003-21014-10		2
11	Top Double Beam Short Arc Tube With Foam	CY003-21014-11		2
12	Top Single Beam Long Arc Tube With Foam	CY003-21014-12		4
13	Enclosure Ring Connector	CY003-21014-13		4
14	T-pass Connector	CY003-21014-14		2
15	Spring	CY003-21014-15		64
16	M6*35 Semicircle Hexagon Socket Bolt	CY003-21014-16		8
17	Φ6 Spring Lock Washer	CY003-21014-17		14
18	M6 Plastic Locknut	CY003-21014-18		8



TRAMPOLINE FRAME PARTS LIST

PART	DESCRIPTION	PART NUMBER	ILLUSTRATION	QTY.
19	M6*15 Semicircle Hexagon Socket Bolt	CY003-21014-19		6
20	Phillips Pan Head Tapping Screws	CY003-21014-20		34
21	Tie Rope	CY003-21014-21		7
22	Trampoline Mat	CY003-21014-22		1
23	Enclosure Netting	CY003-21014-23		1
24	Long Frame Mat	CY003-21014-24		2
25	Short Frame Mat	CY003-21014-25		2
26	Φ8 Spring Lock Washer	CY003-21014-26		8
27	M8 Plastic Locknut	CY003-21014-27		8
28	M8*60 Square neck bolt	CY003-21014-28		8
29	13# Opening Iron Wrench	CY003-21014-29		1
30	10# Opening Iron Wrench	CY003-21014-30		1
31	Cross Head Hexagon Wrench	CY003-21014-31		1
32	Spring Loading Tool	CY003-21014-32		1
33	Short sleeve	CY003-21014-33		4
34	Long sleeve	CY003-21014-34		2

TRAMPOLINE FRAME ASSEMBLY



BEFORE YOU BEGIN: Review all steps before assembly and read all precautions before using the trampoline. At least two adults are required to assemble this trampoline. Protective gloves should be used during assembly to avoid injuries during installation. Goggles should be worn to avoid injuries to the eyes.

Step 1 – Frame Assembly

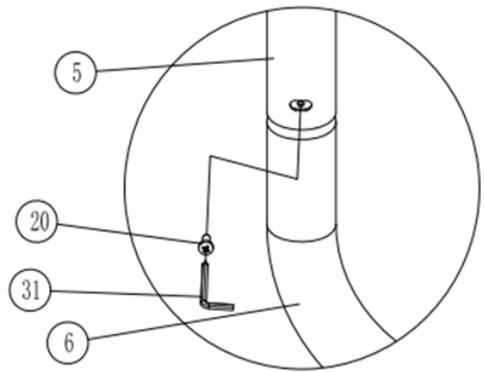
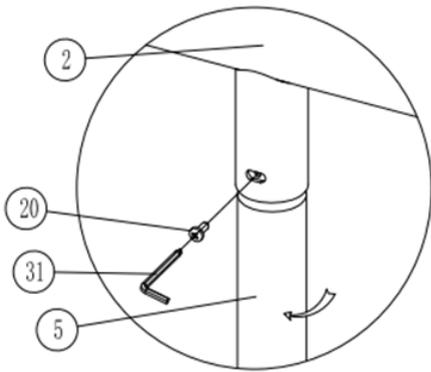
- Find the following 20 steel pipe parts needed to assemble the trampoline frame:

- 4 – Leg Bases (part 6)
- 8 – Vertical Leg Extensions (part 5)
- 2 – Main Frame Tube B (part 1)
- 2 – Main Frame Tube A (part 2)
- 2 – L-Shaped Main Frame tube A (part 3)
- 2 – L-Shaped Main Frame tube B (part 4)

NOTE: All parts with the same number are interchangeable and have no “right” or “left” orientation.

! WARNING

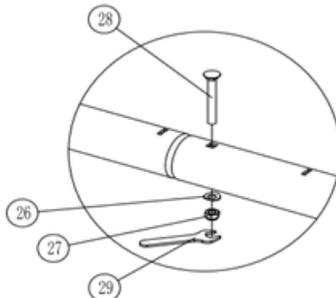
Make sure that you have plenty of space and a clean dry area suitable for the assembly of this trampoline. IT IS ESSENTIAL THAT THE INTENDED SITE FOR THIS TRAMPOLINE IS COMPLETELY FLAT AND LEVEL. If the ground is uneven this could cause movement in the frame and could cause stress on the joined sections of the frame that could damage the trampoline and/or can cause serious injury. Make sure the trampoline is assembled where it is to be used. The trampoline should not be moved after completion.

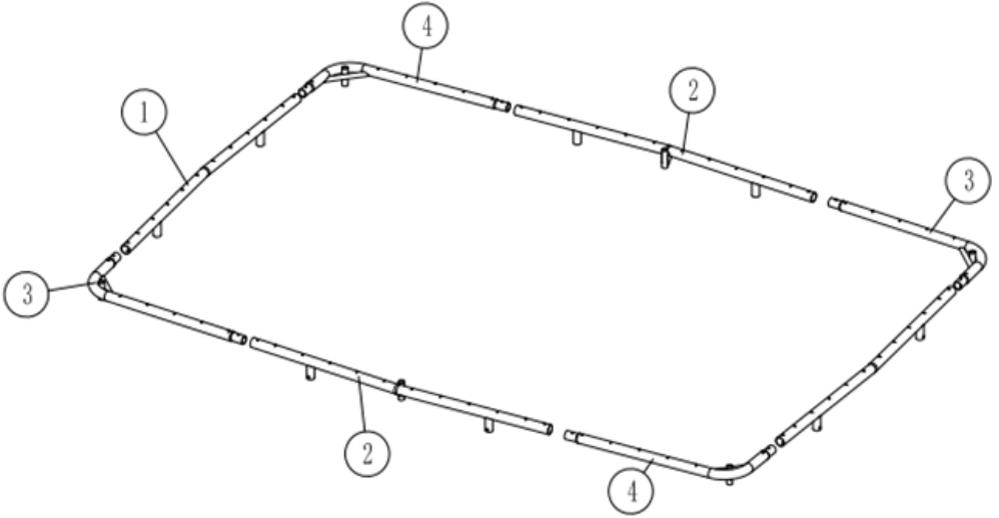


Step 2 – Leg Support , Vertical Leg Extensions and Frame Tube Assembly

At this point, two people will be needed to assemble the trampoline.

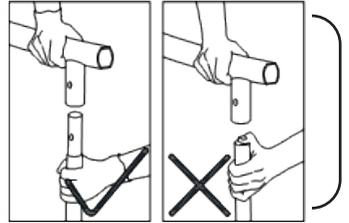
- Position the two L-Shaped Main Frame Tube A's (part 3) in the near left and far right corners, and L-Shaped Main Frame Tube B's (part 4) in the remaining corners. Complete the trampoline frame by inserting Main Frame Tube As (part 2) at each long side, and Main Frame Tube B's (part 1) at the short sides. Secure with Long Square Bolt (Part 28,) Plastic Locknut (Part 27,) and Spring Lock Washer (Part 26,) using Large Wrench (Part 29.)



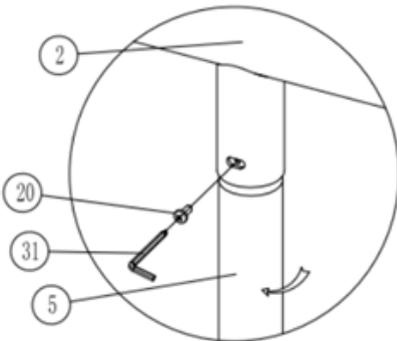


! WARNING

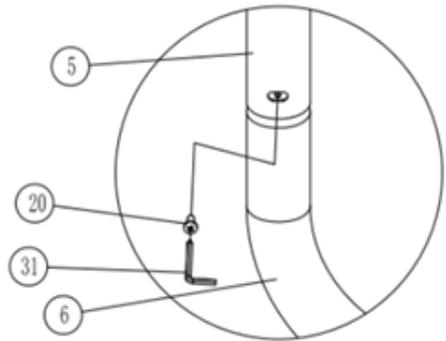
DO NOT PLACE HANDS NEAR THE OPENING WHEN CONNECTING THE TUBES. WEAR PROTECTIVE GLOVES TO PROTECT FROM INJURIES DURING ASSEMBLY.



Leg Support



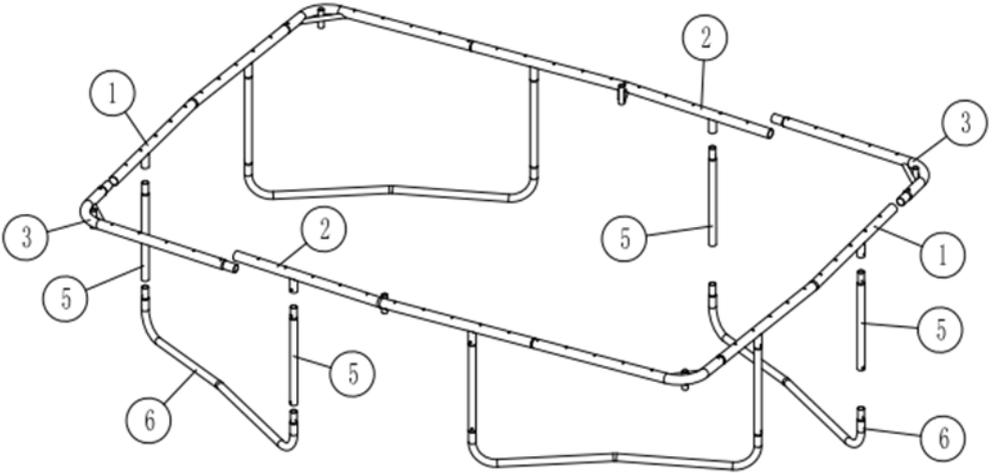
The hole must face outward



Step 3 –Top Rail Assembly

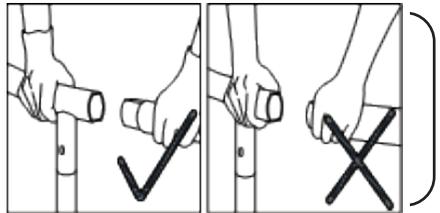
- 3A.** Connect Vertical Leg Extensions (part 5) to Leg Base (part 6) as shown below (the assembled parts will be referred to as “Leg Support”).
- 3B.** Align each leg support over a corner of the frame, with bases facing up. Connect one end of each leg to the corresponding sockets in Main Frame Tubes A and B (parts 1 and 2.)

HINT: Make sure the larger indented hole on Vertical Leg Extension (part 5) is facing outward. This is important for installing the enclosure later.



! WARNING

DO NOT PLACE HANDS NEAR THE OPENING WHEN CONNECTING THE TUBES. WEAR PROTECTIVE GLOVES TO PROTECT FROM INJURIES DURING ASSEMBLY.

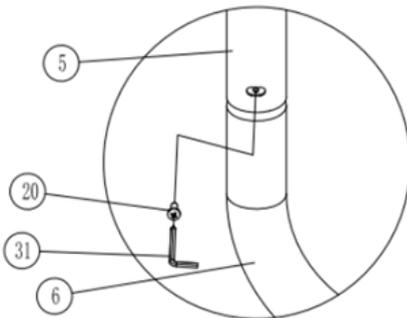
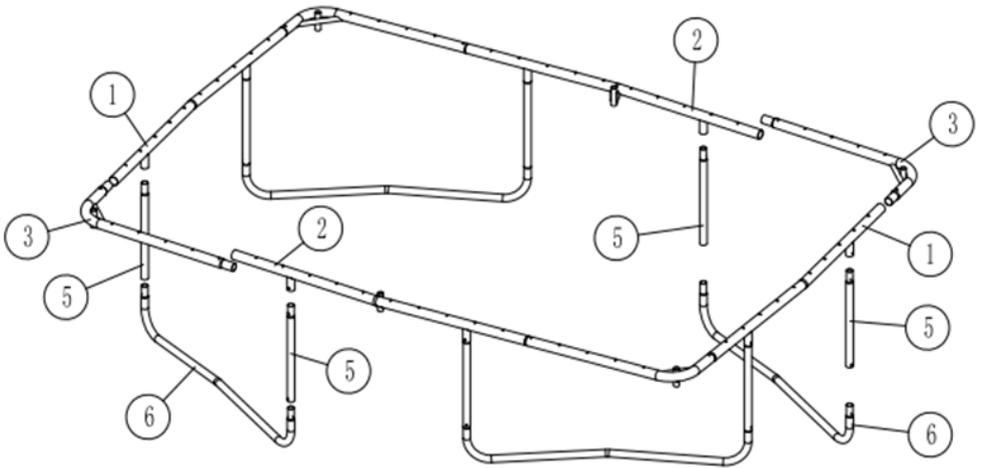


Step 4 - Secure Leg Support to Top Rail

Secure Vertical Leg Extension (part 5) to the frame (parts 1, 2 & 3) using Phillips Pan Head Tapping Screws (part 20), Spring Lock Washer (part 17) and Hex Key (part 31) as shown below. If the holes do not match up, rotate Vertical Leg Extension back and forth until the holes are aligned. Repeat in the same manner for all Leg Supports.

NOTE: Do not over-tighten the screws at this point. The screws should only be tightened all the way after all the springs have been installed in later steps

HINT: Make sure the holes on all the steel tubing parts are aligned and the larger indented hole on #6B is facing outward. This is important for installing the enclosure later.



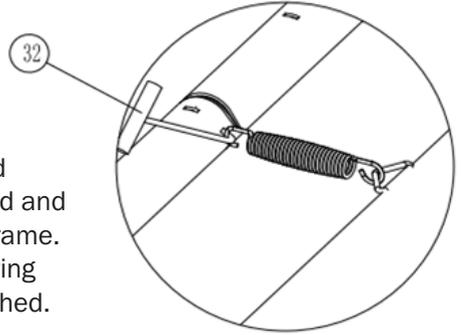
The hole must face outward



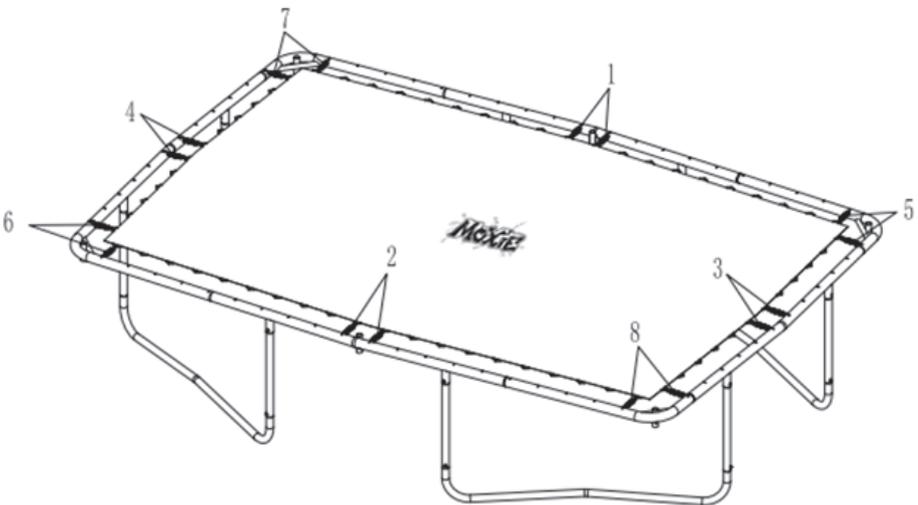
When attaching the springs, do not place your hands, arms, legs or any other body part close to the connector points (i.e. joints connecting the steel tubes). The connector points can become pinch points as the trampoline springs tighten up. Wear heavy duty working gloves to protect your hands from injuries during installation by the springs and protective goggles to avoid injuries to the eyes. Be steady when installing the springs as it can rebound and fly off if you inadvertently let go when not hooked properly. Make sure no children are playing nearby when installing the trampoline.

Step 5 – Spring Assembly

5A. To install the springs, hook one end of the Spring (part 15) into the triangle-ring on the Mat (part 22), then pull the other end with the Spring Pull Tool (part 32) underhand and latch it into the corresponding hole on the frame. Tap on the spring with the handle of the Spring Loading Tool to make sure it is securely latched.



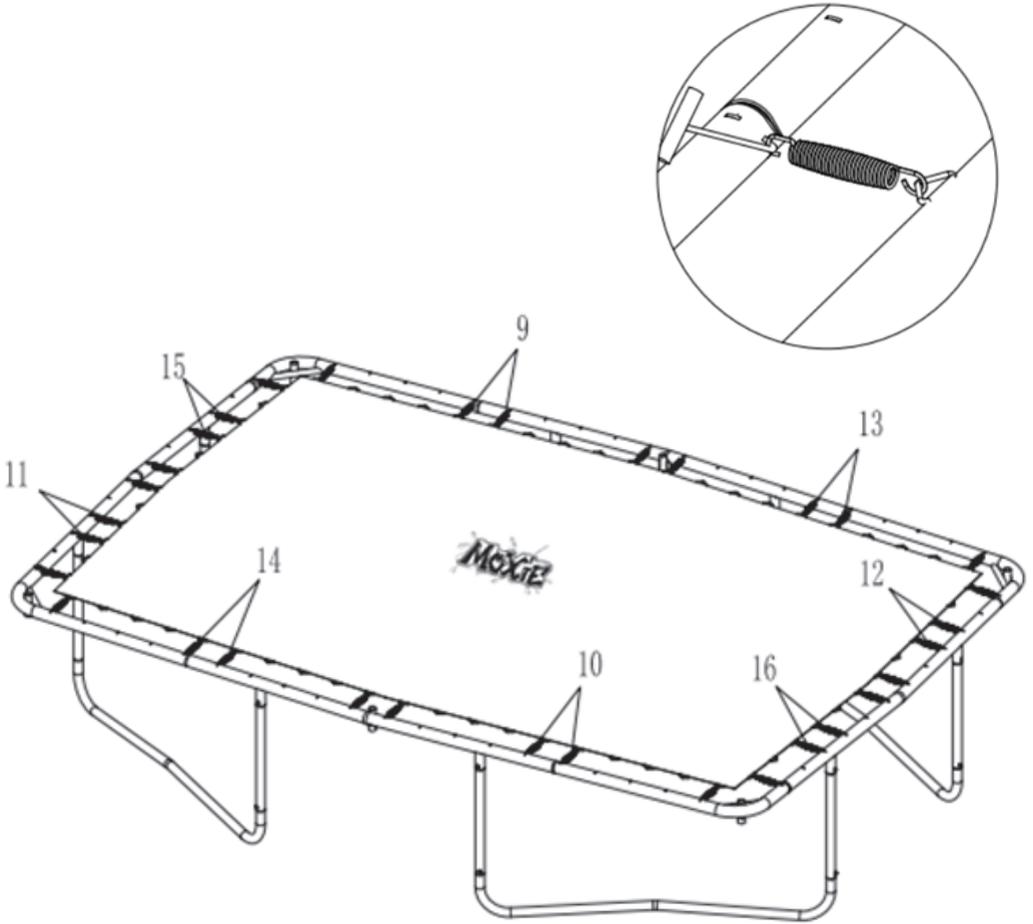
5B. There are a total of 64 springs, For even distribution of spring tension and ease of assembly, the springs must always be installed on opposite sides of the mat in an alternating manner. Please follow the diagram locations in numerical order: 1, then 2, followed by 3 and 4 as shown below. Hint: The number of triangle-rings sewn onto the Mat is equal to the number of holes on the frame. If you notice that you have missed a hole or triangle-ring, remove and reinstall the springs in the same order.





Step 6 – Spring Assembly

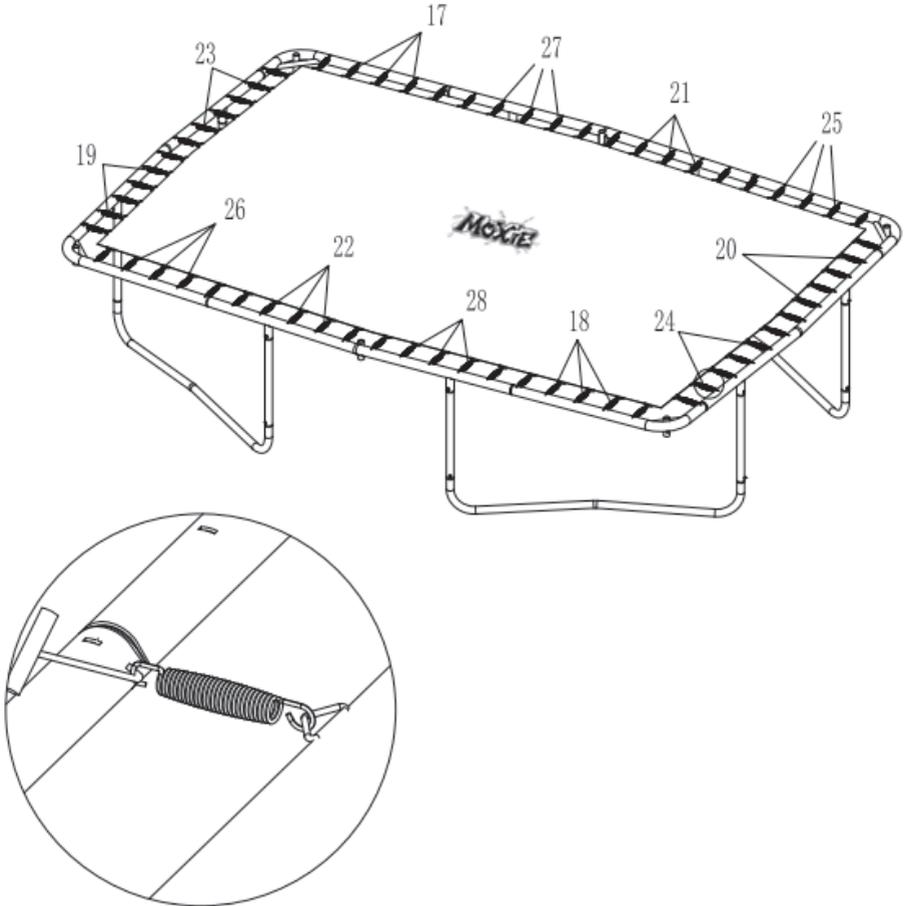
Continue to attach springs in the same manner. For even distribution of tension and ease of assembly, the springs must be placed on opposite sides of the mat in an alternating manner.





Step 7 – Spring Assembly

Continue to attach the remaining springs in the same manner as the previous step, i.e. the springs must be placed on opposite sides of the mat in an alternating manner to ensure even distribution of tension.



IMPORTANT: Once all the springs are properly installed, you must go back to Step 4 and now tighten the screws on all Leg Supports.

FRAME PAD AND POLES ASSEMBLY

! WARNING

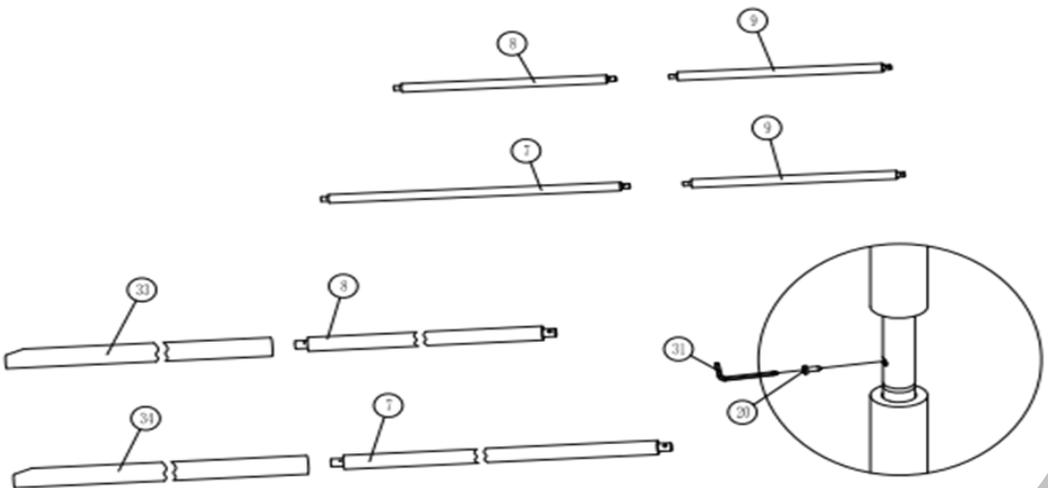
Never use the trampoline without the Frame Pad, the Frame Pad reduces the risk of getting injured by hitting the metal frame or springs. Inspect the Frame Pad before each and every use to ensure all exposed metal parts are fully covered by the Frame Pad!

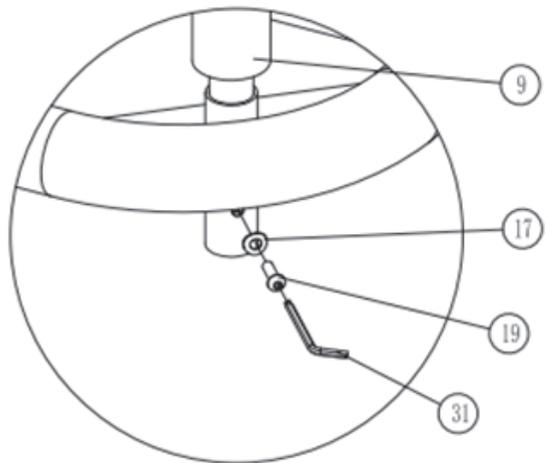
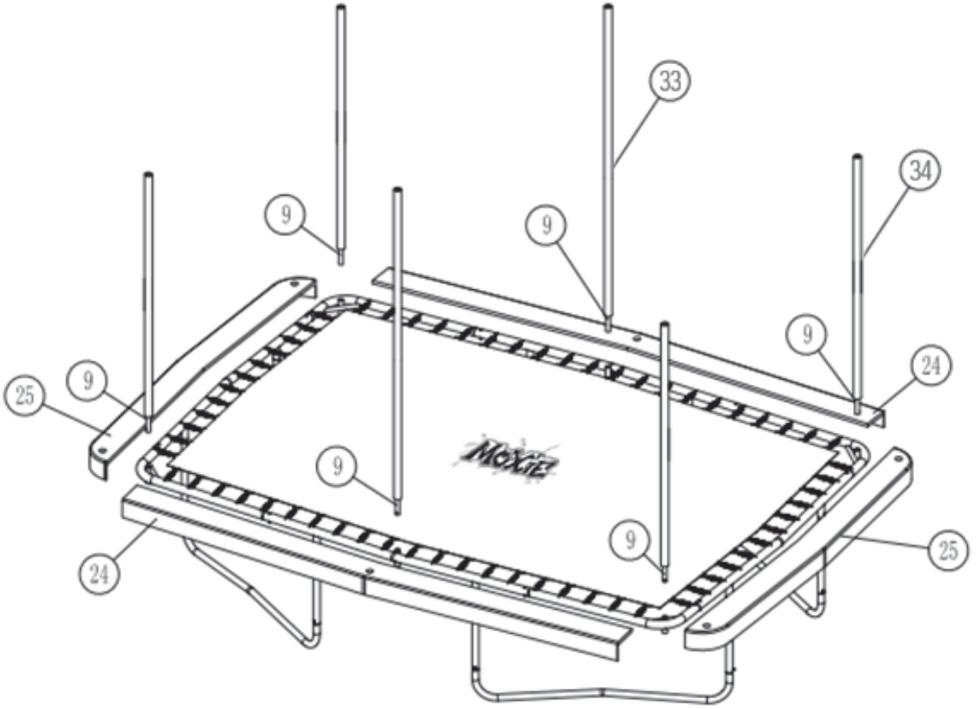
Step 8 :

8A. Align Frame Pad (parts 24 & 25) over the trampoline so that the springs and steel frame are fully covered.

8B. After the combination of Upper Enclosure Tubes (parts 7 & 8) with Lower Enclosure Tubes (part 9), use the end with the larger opening of the Short sleeves (part 33) to wear from the end of Short Upper Enclosure Tubes (part 8), and use the end with the larger opening of the Long sleeve (part 34) to wear from the end of Long Upper Enclosure Tubes (part 7). After completion, assemble it to the main frame tube. Use the exposed end of Lower Enclosure Tubes (part 9) to assemble, as shown in the picture.

NOTE: Make sure the frame pad is placed with the warning label beside a leg frame so it will be aligned with the enclosure entrance.





TRAMPOLINE ENCLOSURE ASSEMBLY

WARNING

BEFORE YOU BEGIN:

- This trampoline must only be used when the enclosure netting is properly assembled. The trampoline netting must be checked thoroughly before each use to ensure there are no tears or damages. Please carefully read all the Important Warnings contained in this manual and all warnings on the product before use.
- Review all steps before assembly and read all precautions before using the trampoline. At least two adults are required to assemble this trampoline enclosure. Protective gloves must be used during assembly to avoid injuries during installation and goggles must be worn to avoid injuries to the eyes.

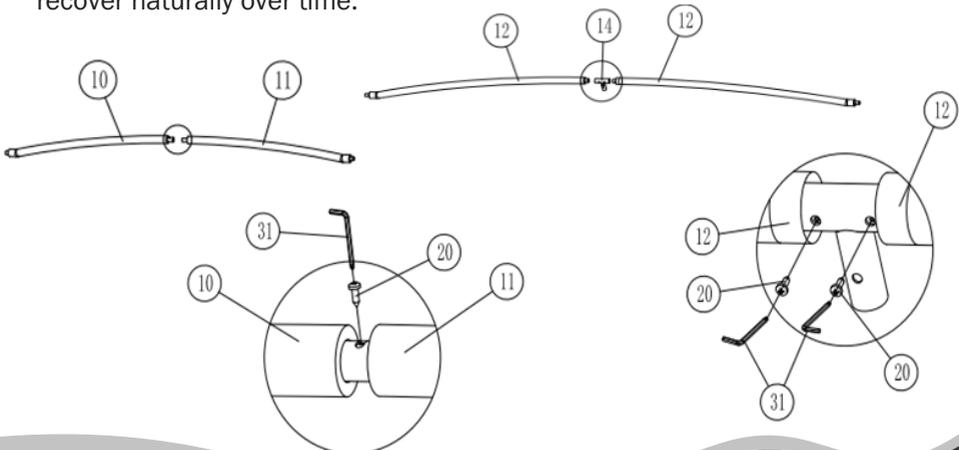
Step 9 – Assemble the Enclosure Poles

9A. Assemble the Arc Tube (part 12) and T-pass Connector (part 14)/ Arc Tube (parts 10 & 11) with Phillips Pan Head Tapping Screws (part 20) according to the picture below.

9B. Push the foam of Arc Tubes to one side to leave a gap for assembly.

IMPORTANT:

- The smaller arc of the Gap Spacer must face the Lower Frame Tube with Foam.
- The small hole located at the top must face outward for connection to the enclosure frame in a later step.
- There may be some deformation of the foam on the enclosure tubes due to compression during transport. This is normal and the shape of the foam should recover naturally over time.

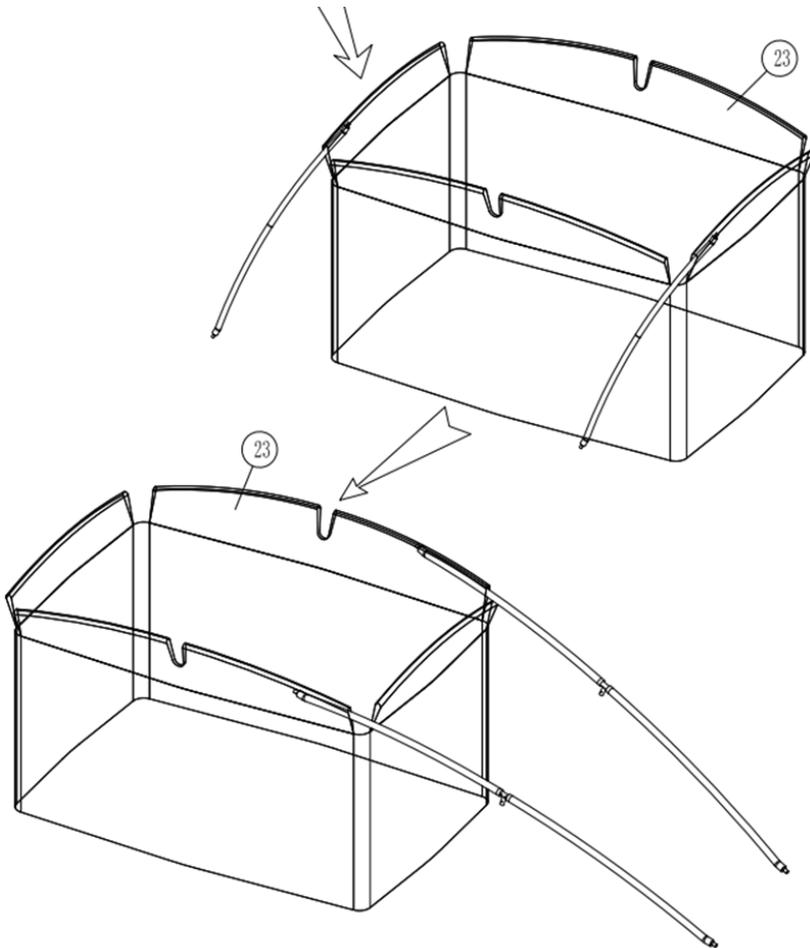


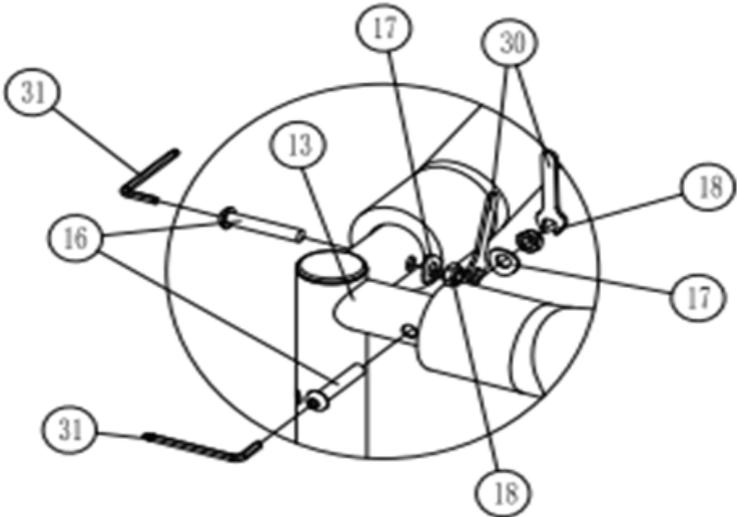
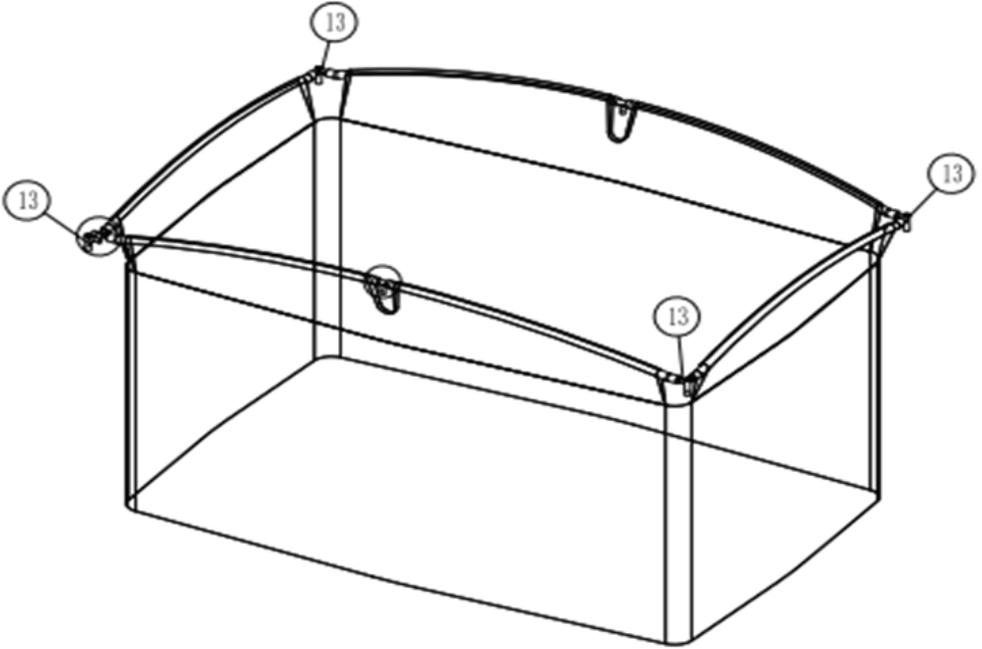
! WARNING

DO NOT PLACE HANDS BETWEEN THE POLES DURING ASSEMBLY. MAKE SURE TO WEAR PROTECTIVE GLOVES TO AVOID INJURIES.

! WARNING

Make sure that the accessories (parts 13, 14, 16, 17 & 18) and the Enclosure Tube (parts 7 & 8) are firmly fixed together. Failing to do so may increase the possibility of injury due to the enclosure frame snapping apart during assembly or trampoline use.



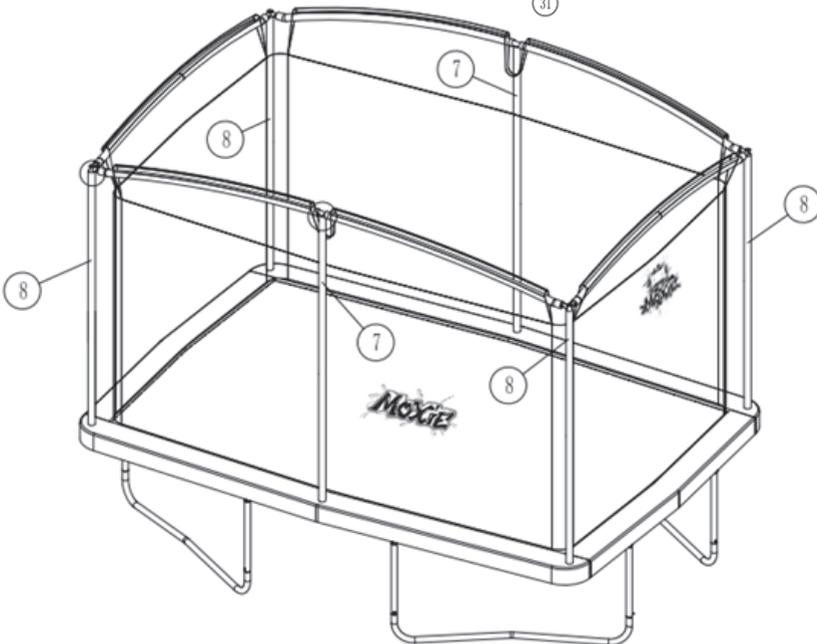
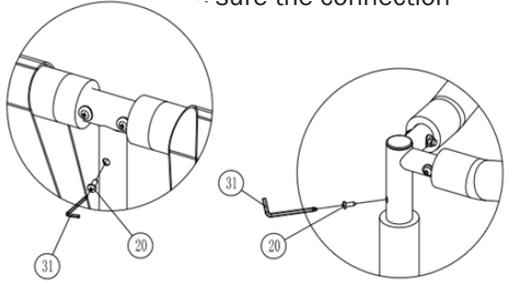


! WARNING

Three adults are recommended for this step. Please ensure the assembled Flat Steel frames are held firmly during assembly to avoid them flexing back and causing injury.

9C. Ensure that the top rail parts all curve upward and outward. Insert the ends of the Enclosure tube (part 8) sides into the tubes of the tubes of the Enclosure Ring Connectors (part 13), at either ends of the short sides of the trampoline. Align the holes and secure the ends with Bolt. Tighten with Cross Head Hexagon Wrench (part 31) as shown below. Then do the same for the long sides, ensuring that the T-Pass connector (part 14) aligns over the center enclosure pole, and secure with bolts.

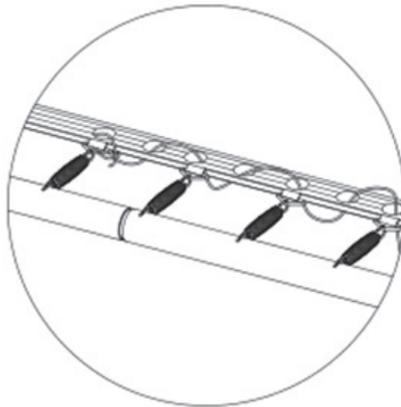
NOTE: Once the enclosure top frame is assembled, make sure the connection points are covered by the net sleeve.





Step 10 - Tie the Enclosure to the Mat

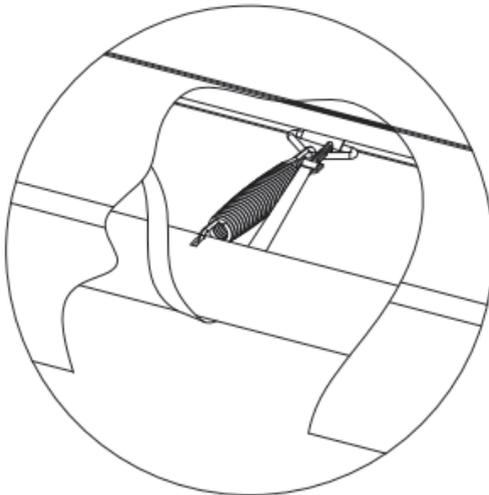
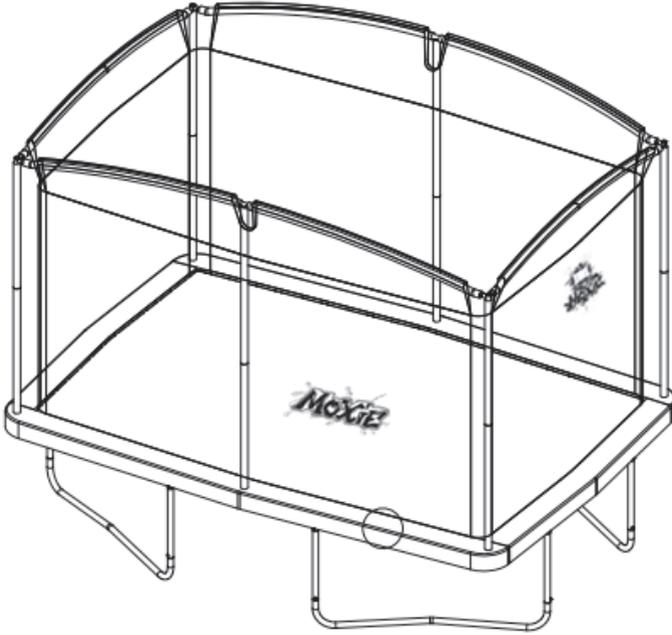
- 10A.** Secure the trampoline netting to the trampoline frame using the Tie Rope (part 21). Lift up the frame pad and tie one end of the cord to any one of the triangle-rings on the trampoline mat as shown below.
- 10B.** Loop the other end of the cord through the next hole on the mat and then the adjacent triangle-ring. Continue in the same manner until the end of the cord is reached and tie it to a triangle-ring. Repeat the same process for all the cords provided until the enclosure netting is fully secured to the trampoline mat.





Step 11 - Secure the Frame Pad

11A. Wrap and tie the inner elastic straps on the frame pad around the triangle-rings and the outer straps around the trampoline frame as shown below.





! IMPORTANT

Once you have finished the assembly of the trampoline, securely fasten all nuts and bolts before using.

Read this entire manual and make sure that all jumpers completely understand the safety rules printed in the manual and on the various warning signs. Instruct all jumpers in the basic bounces described in the manual.

CARE AND MAINTENANCE AND USE INSTRUCTIONS MUST BE READ CAREFULLY BEFORE USING THE TRAMPOLINE. ADULT SUPERVISION IS REQUIRED AT ALL TIMES.

Disassembly of the Trampoline and Enclosure

If you need to disassemble the trampoline, please follow the assembly instructions in reverse and take special care to retain all parts. Retain the original packaging for transport purposes.

Do not attempt to disassemble any frame components until all of the springs and the trampoline mat have been removed. Wear heavy duty working gloves to protect your hands from injuries during installation by the springs and protective goggles to avoid injuries to the eyes.

Moving the Trampoline and Enclosure

To move the trampoline, it is recommended for the trampoline to be disassembled and then reassembled in the new location. However, if you need to move the trampoline a short distance for any reason, you must use duct tape or heavy industrial tape to tape all leg joints together. Two or more adults are required to lift the structure off the ground. Do not drag the trampoline along the ground. The trampoline must be kept steady and straight during the move. Failure to follow these instructions may result in the leg support coming loose which may cause serious injury or death.

! WARNING

DO NOT USE THE TRAMPOLINE WHEN THE ENCLOSURE IS REMOVED.

Do not make changes or add attachments to the trampoline that are not authorized genuine **Moxie** direct parts. The user must carry out changes to the trampoline (e.g. the addition of an attachment) according to the instructions of the manufacturer, particularly those attachments which include instructions on their assembly, necessary measurements and the correct fastening (e.g. enclosures, climbing assistance)

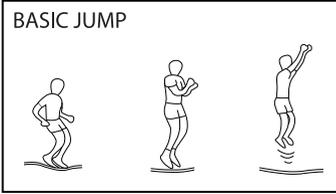
Congratulations

you have completed the
trampoline assembly!
Remember to abide by
all the safety rules.

Have fun, play safe...

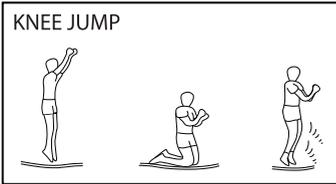
JUMP LIKE A PRO!

BASIC JUMP



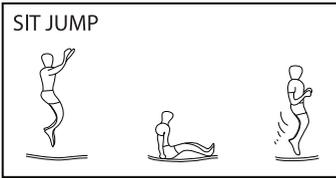
1. Standing starting position, feet shoulder-width apart, head straight and eyes on the jumping mat.
2. Swing your arms forwards and up in a circular motion.
3. Bring your feet together in the air, toes pointing down.
4. When landing on the jumping mat, the feet must be shoulder-width apart again.

KNEE JUMP



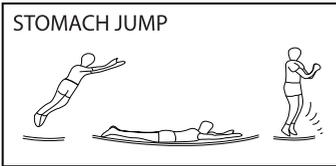
1. Start with a basic jump.
2. Land on your knees, keeping your body and back straight. Keep your balance with your arms.
3. Jump back to the basic jump position by swinging your arms.

SIT JUMP



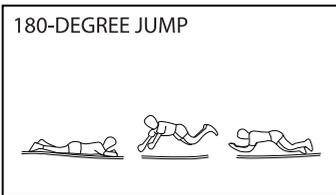
1. Land in a flat sitting position.
2. Place your hands on the jumping mat next to your hips.
3. Return to a standing position by pressing with your hands.

STOMACH JUMP



1. Start from the forward drop position.
2. Land in prone position (face down) with your arms and hands stretched forward on the jumping mat.
3. Push your arms off the jumping mat to return to the standing position.

180-DEGREE JUMP



1. Start from the forward drop position.
2. Push with your left or right hand and your left or right arm (depending on which direction you want to turn).
3. Turn your head and shoulders in the same direction, keep your back parallel to the jumping mat and your head up.
4. Land in the prone position and return to the standing position by pressing with your hands and arms.



Dispose of the packaging



Please recycle all parts appropriately. Paper, cardboard, and plastic should be disposed to correct recycle areas according to your local laws.

Trampoline replacement parts

While we provide a large variety of trampolines, we also pride ourselves in the large selection of our trampoline replacement parts which are compatible with most trampolines regardless of their brand.

If you have difficulty finding the correct replacement part for your trampoline,

PLEASE GIVE US A CALL
1-888-965-3331



OR



EMAIL US AT
support@machrus.com

Our Customer Service Department staff are trained in the details of all trampolines and will help you find the right part to get you bouncing again.

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